

Des Moines Valley Friends Meeting

FRIENDLY LINE

August 2020



Iowa Yearly Meeting Conservative Holds First- ever Online Gathering

The first-ever virtual gathering of Iowa Yearly Meeting Conservative, moved online in response to the pandemic, drew more than 120 registrants, including a number of DMVF members and attenders, and Friends from North Carolina and Ohio Yearly Meetings, several of whom have Iowa roots.

The theme for this year's shorter-than-usual gathering, July 24-26, was "Finding Hope in Troubled Times." Sessions included worship, business sessions with reports from Scattergood Friends School, state of the meeting reports and a time for remembrance.

Other highlights included an evening collection practicing worship-sharing in small groups; a lively conversation with Scattergood's new Head of School, John Zimmerman; and a compelling pre-meeting talk and discussion on "Faith in Action" with Jose Santos Woss, legislative manager for criminal justice and election integrity, Friends Committee on National Legislation.

There was also precious time for informal catching up with each other and sharing joys and concerns.

If you were one of those registered, you should have received an invitation to a short

evaluation survey. If you did not receive that, please contact Ann at anny@mediacombb.net.

The feedback so far has been mostly positive and appreciative of the opportunity to meet during the pandemic when in-person meetings are a health risk. Most people reported adjusting well to the Zoom format and many said not having to travel made it easier to participate.

Des Moines Valley Friends was one of the three meetings (along with Penn Valley and Ames) that shared planning responsibilities for this year's program. The coronavirus caused a major change in the original plans, which included a concert by folksinger John McCutcheon (now rescheduled for next year). But we regrouped to coordinate a meaningful gathering, thanks to a core group from all three meetings, who worked closely with the IYMC Clerk Deb Dakin, Assistant Clerk Carol Gilbert, and a tireless technology support team led by Cheryl Sutton, Bear Creek Meeting, and Nat Case, Laughing Waters Preparatory Meeting in Minnesota.

Save the date for next year's gathering, July 21-25, which we hope can be held back on the grounds of Scattergood Friends School and Farm.

Find more information about IYMC at <https://iymc.org>

Our Queries – What do you think?

Discussion of the queries is a way for us at DMVF to consider our individual and collective spiritual beliefs and practices. The queries we address as members of Iowa Yearly Meeting (Conservative) have grown out of a long history of Quaker reflection and activism.

Although the current closure of the meeting house due to the pandemic precludes in-person discussions, we could continue query discussion as a Zoom meeting, through email or in some other way. However, emailing the queries this spring resulted in no responses and only four of us attended a query discussion on Zoom.

If you have ideas of how we can resume queries and/or would like to participate in monthly query discussions, please email me at dmlifka@yahoo.com.

Our queries are published in the "Faith and Practice of the Book of Discipline of Iowa Yearly Meeting of Friends (Conservative)/Religious Society of Friends" 2011, pages 30-45, beginning with a discussion of the uses of the advice and queries.

The first query of the year, Meeting for Worship, is printed in this newsletter on page 6.

-- Dorothy Lifka, DMVF Clerk

Des Moines Valley Friends Meeting for Worship with Attention to Business July 12, 2020

Attending: Dorothy Lifka, clerk; Deborah Fisch, recording clerk; Fred Nelson, assistant clerk; Pam Blackburn, Dick Douglass, Claire Cumbie-Drake, David Drake, Bob Henderson, Andrea Holveck, Jack Holveck, Katie Jacoby, DJ Newlin, Ann Robinson, Virginia Smith; Carol Spaulding-Kruse, Cindy Winchell

Meeting for worship with attention to business met on 07/12/2020 via Zoom. After a time of worship, the clerk opened the meeting for business with a quote from Gunilla Norris from Being Home: "Sometimes saying prayers keeps us from being prayers."

Minutes from Previous Month – The minutes from 06/2020 were not read. The clerk asks Friends to review minutes published in Friendly Line and email or phone her with any corrections or additions as soon as possible.

Reports

Treasurer's Report (Pam Blackburn) We are 100% of the way through our fiscal year, with expenses at 88% of annual budget and income at 81% of budget.

Summary of Designated Fund Activity – The General Fund made its monthly contributions to the Sharing Fund of \$100; Specific Donations – In Memory of Jean Sandstrom: \$3,613 in memorials & \$50 to Children's Programs; \$353 was donated through Soup Lunch & individual donations to P&SC;

\$3200 in donations were received for the Property Management Fund; \$50 was donated to Quaker Education & Enrichment; Children's Programs expensed for a trip to Living History Farms.

THESE ARE PRELIMINARY YEAR-END FINANCIAL STATEMENTS – Why Preliminary? Even when we are not dealing with a pandemic, we usually see transactions that belong in the prior year trickling in. It is our practice to leave the books open until we are reasonably certain we have everything.

Note that we are ending the year on a loss of \$2K+ We have not paid our affiliated contributions or transferred the unspent Repairs & Maintenance budget to the Property Management Fund. The Finance Committee will review these statements and come to the business meeting with recommendations on these transactions and a 2020/2021 budget.

Approved Minute – We accept the Treasurer's report with appreciation for her hard work on our behalf, especially in preparing the EOY report and her easy to understand answers to our questions.

Finance Committee Report (Ann Robinson - oral report) – The committee will be meeting soon. They will discuss an audit among other topics.

Ministry & Counsel Committee Report (Gordon Bivens) – Several Ministry & Counsel's activities are reflected in the State of the Meeting report. We've been particularly concerned about trying to keep in

touch — or to encourage others — with members/attenders who have some special circumstances affecting their lives. This has been done, as deemed appropriate, by phone, mail/email, and, in some cases, by personal contact. However, the pandemic has added its own special concerns. We have felt concern for the sense of cohesion of the Meeting because of the lack of in-person meetings but feel Zoom has helped a great deal.

Re-Opening Committee Report (David Drake) – Since cases of COVID-19 are still on the increase, the committee recommends the meetinghouse remain closed at this time. The committee will continue to keep track of recommendations by doctors and scientists and update Meeting on the most current recommendations. Because several F/friends had expressed a desire to gather in person for worship outside the meetinghouse, the committee decided to conduct a test run of this idea with appropriate safety precautions. The committee recommends that weather permitting Friends agree to allow those who want to worship outside of the meetinghouse to do so if they follow the guidelines below.

1. Allowing for proper physical distancing (at least six feet between parties); wearing face masks and/or face shields to and from seating; wiping off any seating (benches) with disinfectant after using.
2. Folks will be asked to not plan on using the meetinghouse, but instead take care of 'business' before attending.

3. If or when the patio becomes full (with physical distancing) others will be invited to set their chairs on the lawn, sidewalk, or area outside the east windows by the wall.

4. Each week named member/attender (host) will be responsible for assuring folks are aware and abiding by these guidelines.

5. A note will be placed on the door stating that all who enter are requested to wear a mask/face shield and to wipe down any surfaces touched with disinfectant/soap and water.

6. Folks will bring their own devices to connect to Zoom - and can now use Meeting wifi or an attender's phone hotspot (David has a phone with unlimited data).

7. Folks are to bring their own chairs - mindful that there are only a few benches available. After a time for questions and discussion Friends were easy to approve the recommendation of the committee with the following additions: 1) The sign on the door to the meetinghouse explaining the option of outdoor worship be made bigger; 2) Include "Weather permitting" on the notice. The Opening Committee recommended that outdoor worship not be held the First Day morning of the IYMC annual sessions.

Minute – The recommendation to start offering an option to attend meetings for worship outside the meetinghouse, weather permitting, was approved as amended. [*Recording clerk's note – It was later decided that since other people would be choosing to attend meeting for worship with DSM Valley Friends instead of at IYMC virtual meeting for

worship on First Day, 07/26, there was no reason Friends should not have the option to worship outside the meetinghouse. This was approved by the committee and clerks and word was sent to Friends.]

Nominating Committee Report – The Nominating Committee emailed their suggested roster to members and attenders of Meeting prior to this session. The roster was approved with the following additions: Charlie Brown will convene Buildings and Ground Committee and Patricia Wengert will convene Peace & Social Concerns Committee. It was noted that the Buildings & Grounds Committee and Finance Committee fill two positions on Property Management and one person is appointed at-large.

Library Committee Report – (Virginia Smith – oral report). Virginia shared a quote: "Reading gives us someplace to go when we have to stay where we are." -- Mason Cooley She reported that there have been no new books purchased in recent months since the library books are not available for check out at the time anyway. (Due to the Meetinghouse being closed because of the pandemic) F/friends expressed an interest in Virginia writing a book review for the Friendly Line newsletter. Virginia offered to submit something about the books being reviewed in the Friends Journal.

Others were also encouraged to write up a book review for Friendly Line if they read a book which may be of interest to the community.

Education Committee Report – There was no formal report given to the Meeting, but the following report was prepared for IYMC annual sessions.

Religious Education Reports
2020, July 2019-March 2020
First Day School/Child Care

We provided First Day School for school-aged children and Child Care for younger children during meetings for worship. Children were encouraged to attend the first part of worship with their families. When meeting for worship moved to a Zoom format in March, First Day School was provided on Zoom after meeting for worship; activities for preschool children were provided at a different time. It has been a challenge to keep connected to the children of the Meeting while unable to meet with them in person. However, Zoom has also provided some unexpected gifts: one child was able to participate in First Day School even though she was visiting her grandparents out of state and another family has been able to continue their children's involvement (and their own) with DMVF despite moving out of the Des Moines area. The two children who regularly attend First Day School on Zoom are happy to be in contact with each other on a weekly basis. The older children have also expressed interest in taking more responsibility for shaping what First Day School looks like. Many years ago, George Welch, an elder of DMVF who has since passed away, aptly described our children as "the jewels of the meeting".

The Religious Education Committee has been working in consultation with Meeting and

members of the Friends House Board and the Property and Grounds Committee on plans to devote a section of the area on the west side of the meetinghouse to a sort of portable outdoor play area that would include a space where teachers, parents, and/or Friends House can watch the children or have a coffee or lunch as desired.

Adult Religious Education – A small group of Friends met monthly for a lively and timely discussion of Parker Palmer’s book, *Healing the Heart of Democracy*. Interest was expressed in discussing other books and in having another session of Friendly Bible Study by JoAnn and Larry Spears. Our annual Library Book sale in February raised money to buy new books for the Meeting’s library and for children’s programs.

Books added to our library include: Pendle Hill pamphlets; Yolen, Jane - *Friend, The Story of George Fox and the Quakers*; Baresel, Judith - *Good Friends*; Black, W. Geoffrey - *Whispers of Faith*; Boulding, Kenneth- *There is a Spirit, The Nayler Sonnets*; Dandelion, Ben Pink - *The Quakers A Very Short Introduction*; Cooper, Wilmer A., *A Living Faith*; Palmer, Parker J. - *The Active Life*; Cook, Darius B. - *History of Quaker Divide*; Watts, Alan - *Behold the Spirit*; Hansen, Matilda - *The Legacy They Gave To Us Vol. 1-4*; Haines, Pamela, *Money and Soul*; Brooks, Arthur C. *Love Your Enemies*.

Building & Grounds

Committee Report (Dick Douglass) –The only item I’m

(the convener) aware of is that the geothermal system was not functioning and was fixed during the regular seasonal checkup. The problem was simple: a clogged drain hole in the system which the tech cleared at no extra charge. The flower beds nurtured by Bob Henderson and Fred Nelson are in glorious bloom; worth stopping by to enjoy.

There were no reports from the Peace & Social Concerns, Hospitality or Property Management Committees.

New Business

IYMC Monthly Meeting Apportionments – Andrea Holveck, one of the appointed representatives from DMVFM to the IYMC Representatives Committee, asked Friends for input concerning DMVF’s apportionment for the new FY. Last year apportionment for DMVF was \$15,000, lowered by request of DMVF from \$15,500 the year before.

Friends had questions about how Yearly Meeting budget and apportionments are determined, and the clerk invited Andrea and others who have served on the committee to respond:

- Who decides how much each meeting’s apportionment will be each year? The members of the IYMC Representatives Committee in consultation with their own meetings.
- What are IYMC expenses and will IYMC have fewer expenses since we will not be meeting at Scattergood this summer?
- The Yearly Meeting Representatives Committee is responsible for considering the financial needs of Yearly Meeting and making a

recommendation for the next FY’s budget.

- How do they determine the budget? They usually start with the budget from the previous year, making requested committee changes/ requests from YM committees that have been approved by Yearly Meeting.
- Other considerations include:

- What is Scattergood requesting in support from IYMC.
- Costs for transportation, registration, room & board to support F/friends appointed by IYMC to serve on boards and committees of Quaker organizations serving the wider Quaker population such as American Friends Service Committee (AFSC), Friends World Committee for Consultation (FWCC), Friends Committee on National Legislation (FCNL),
- Special projects or causes approved by Meeting needing financial support; Once these costs are determined, Friends consider what recommendations to make to YM concerning the budget, including how much will be needed in apportionments.
- Do meetings have any say in how much they are asked to pay into apportionment? How do Representatives decide which meetings pay more? Yes! YM representatives are expected to consult with their meetings prior to the committee meeting when apportionments are considered. Most of IYMC’s budget is raised by apportionments set by the Representatives Committee

as indicated by meeting. Some years one meeting or another may ask to have their apportionment lowered. When that happens, other representatives are asked if their meetings could give all or some of the remaining apportionment. Often, other meetings volunteer to take up the difference. If no meeting can give more, the Representatives discern together what will need to be cut to have a balanced budget.

Des Moines Valley's FY 20 annual apportionment was \$15,000, down by \$500 from FY2019. Since DMVFM is having trouble meeting its own budget, the possibility of a further reduction in our apportionment was raised. Since IYMC is imminent, and the Finance Committee is meeting soon, the Meeting entrusts the Finance Committee to determine the amount DMVFM should offer for apportionment this year - either at the current level or a reduced amount. Andrea Holveck, one of the Des Moines Valley representatives, was asked to tell the IYMC Representatives Committee that DMVFM will not be able to tell them how much it can cover until later in the week, but that it will not be above the current level. Minute – Meeting gives authority to the Finance Committee to discern whether Meeting can continue to cover an apportionment of \$15,000 for IYMC budget, given the Meeting is finishing FY 2020 farther in the red than usual. They have Meeting's authority to ask for a reduction of \$500 or more if warranted, but not to exceed

Meeting's current giving level. Meeting asks that our representative to Yearly Meeting Representatives, Andrea Holveck, share that information with the clerk of that committee as soon as possible

Suggestion for second hour – The clerk noted that there were a lot of questions on how Meeting and Yearly Meeting interact with each other. It was suggested that F/f could use a second hour to explore the relationship farther Minute – Meeting approves asking Carol Spaulding-Kruse to schedule an upcoming second hour on Yearly Meeting and the relationship between IYMC and its monthly meetings. Pam Blackburn, Carol Spaulding-Kruse, Andrea Holveck and Ann Robinson volunteered to work on that second hour.

Carrying on Business Until Budget Approved – Pam Blackburn, Meeting treasurer, pointed out that we are now in FY 2021 and without an approved budget. Therefore, she has no way to pay bills, etc. She asked Meeting to approve that it continue with the same budget allocations as last year until the time that the new budget is approved.

Minute – Meeting approves using the same line item amounts for FY 2021 as were used for FY 2020 until a new budget for Des Moines Valley Friends Meeting can be approved.

Iowa Sanctuary Movement Asylum Report (ISM) – Andrea Holveck, Des Moines Valley Friends Meeting representative to Iowa Sanctuary Movement, reported that the organization is made up of 17 churches (including Meeting) who came

together to assist churches who have agreed to be sanctuary spaces for undocumented refugees. Andrea says that as of the date of her reporting, no one has asked for sanctuary, but the organization has in the meantime assisted 1) Helped people seeking asylum in the United States; 2) Provided assistance for DACA (Deferred Action for Childhood Arrival) recipients 3) Supported families whose main breadwinner have been detained by ICE. Andrea said that since the initial focus has changed since Meeting agreed to help support and be involved in the program, she felt the need to report to Meeting and ask if we still feel led to be a part of it. DMV Peace & Social Concerns Committee gave \$250 to the program in FY 2020. Minute – The clerk will ask Patty Wengert, convener of Peace & Social Concerns Committee, to hold a committee meeting before next month's meeting for worship with attention to business and bring a recommendation to the Meeting about whether we should continue to participate in ISM and what level of financial support to provide.

Clerk's Concerns – The clerk called Meeting's attention to three concerns.

1) Host for Zoom Meetings – The clerk suggested Meeting start using a host for its Zoom meetings. The host's job would be to greet people when they came onto the site, answer questions, help address any tech problems, mute and unmute people as needed, and get contact information from visitors.

Minute – The meeting approves the concept and asks the clerk to send out an email seeking volunteers.

2) Clerk's Email – The clerk asked that the email for the clerk that is on the meeting's Web site be connected with her personal email so that she doesn't have to check two email sites each day.

Minute – Meeting approves the request and asks someone from the Website committee to help connect the two sites if needed.

3) Time for Meeting to Purchase Meeting's Own Zoom Account? – The clerk noted that F/friends have been using the previous co-clerk's personal zoom account not just for meeting for worship and meeting for worship with attention to business, but also for committee meetings, Second Hours, Children's First Day School, and child care and that it might be time for Meeting to purchase its own Zoom account. Zoom can be used at no cost, but only for relatively short periods of time and with a limited number of people on the call. The clerk will investigate the various options that Zoom offers and then send her suggestions to F/friends via email. Meeting will continue to use Ann's account through the next business meeting.

Meeting Concludes

There being no other business before the meeting, Friends ended with a period of worship. The next business meeting is scheduled for 08/09/2020 [this was extended to 08/16/2020 due to the date of Owen Newlin's graveside service].

Drake Reminds us to Work for a Nuclear-Free Future

DMVF's David Drake's recent, timely essay in the Des Moines Register reminds us that we need to do more than just commemorate in his "Iowa View" Column in the August 2 Sunday Des Moines Register. Click to read his thought-provoking article, [75th anniversary of Hiroshima bombing is a time to activate for a nuclear-free future](#). He warns us that the Doomsday Clock of the Bulletin of Atomic Scientists has now been set at 100 seconds before midnight — the closest it has ever been.

Thank you, David, for bringing public attention to this vitally important cause!

QUERY #1 Meeting for Worship

ADVICE:

Meeting for worship is the heart of the meeting. In the silence, we seek direct communion with God, the Spirit, conscious of the seeking of others. From the depths of living silence, may come an awareness of the presence of the Spirit. Sometimes the silence is unbroken. At other times a message may come to any one of us which seems intended not simply for the worshiper, but for the gathering as a whole. If the message is not expressed, one may feel a sense of not having been faithful to a leading of the Spirit, but if it is spoken, a sense of peace may follow. We are most effective if we speak clearly, simply and from our own experience. Because we are

unique individuals who come from varied backgrounds and life experiences, our messages reflect diversity. Part of our worship together is listening with an open spirit, holding the speaker in love, remembering that silence after the message is part of the message. Our daily lives are linked with meeting for worship. In the search for truth, Friends are encouraged to spend time in individual study, meditation or prayer and to be open to other sources of inspiration around us. The life of the meeting may be strengthened by a deep level of sharing, discussion or worship at times other than regularly scheduled meetings.

Friends should make an effort to arrive at meeting for worship prepared in mind and spirit to support one another in a worshipful atmosphere. As we give and receive, in speech or in silence, we are drawn together in the life of the Spirit.

QUERIES:

Are our meetings for worship held in a spirit of expectant waiting and communion with the Holy Spirit? How do we prepare our hearts and minds for worship?

How do we refer to that which is divine? How does ascribing gender to the Holy Spirit affect our worship? How do we integrate our daily lives with meeting for worship? Do we seek opportunities for worship outside of meeting?

How does the vocal ministry of the meeting contribute to its spiritual life? In what ways do we recognize and nurture vocal ministry and other spiritual gifts?

Goodbye to Owen Newlin



Long-time member of Des Moines Valley Friends Meeting, Owen J. Newlin died on July 12, 2020, at Wesley Acres in Des Moines, Iowa. Born February 6, 1928, in Des Moines, Owen dedicated his entire life to his family and helping farmers feed the world.

While a student at Iowa State University, he met Doris Jean (“D.J.”) Coxon, and they were married on July 19, 1952. They had four children.

Owen was elected vice president of Pioneer Hi-Bred International in 1978, senior vice president in 1986, and he retired from Pioneer in 1993. He served as a director of the company from 1963 to 1999. He received a B.S. in Agronomy and a M.S. in Crop Production from Iowa State University. He also earned a Ph.D. in plant breeding and genetics from the University of Minnesota in 1955. He was a 1974 graduate of Harvard University’s Advanced Management Program.

Newlin served two six-year terms on the Board of Regents of the State of Iowa and was president for eight years. He was a member of the Iowa State University Foundation Board of Governors. He received the Iowa

State University Alumni Recognition Medal, the Floyd Andre Award for Contributions to Agriculture, and the Alumni Merit Award for outstanding contributions to human welfare in 1990. In 2017 he received the Distinguished Lifetime Achievement and Service Award from the ISU Seed Science Center.

Owen is survived by his wife, Doris Jean, his children, Tamara (Ed) Gregori of Fort Collins, CO, John (Patty Carton) Newlin of Brunswick, ME, and Christine (Rick) Kovach of Scottsdale, AZ, ten grandchildren, Paul (Maria) Gregori, Rebecca (Andrew) Hill, Eric Oransky, David (Mary) Oransky, Kari Oransky, Mitchell Newlin, Joseph Newlin, Daniel Kovach, Nicholas Kovach, Alison Kovach, and four great-grandchildren. He was preceded in death by his parents, Jay and Ruth (Owen) Newlin, his sisters, Emily (Newlin) Bay and Vesta (Newlin) Hansen, and his daughter, Janet Newlin.

These are just a few highlights of Owen’s active and purposeful life. To read more about his impressive career, contributions and awards, find his complete obituary at <https://www.ilesfuneralhomes.com/obituary/Owen-J.-Newlin/Des-Moines-Iowa/1876300>.

A Celebration of Life ceremony is tentatively scheduled for Sunday, May 23, 2021, at the Kelly Conference Room at Methodist Hospital.

In lieu of flowers, contributions may be made to the Iowa State University’s Seed Science Center Research Fund, United Way of Central Iowa General Fund, Unity Point Health Foundation Medical Education and Research

Fund, or the Des Moines Valley Friends Meeting General Fund.

In this time of pandemic when the family was not able to have a public service, they are compiling a video tribute for Owen’s life. Friends are invited to record and submit a brief (1 to 3 minute) video recording sharing a memory or story. These videos will be compiled into a longer video to be shared with the family and presented at next year’s Celebration of Life service. They request that the videos be completed and shared by the end of August 2020. After recording your video, please send an email which includes your name and connection to Owen to scott@acadialelegacygroup.com. If you need any technical help on recording the video, please contact Scott Snyder at 515-419-3906 or scott@acadialelegacygroup.com.

NEWS OF OUR FRIENDS

Virginia Smith has been ill and is receiving therapy at Wesley Acres Rehab. She expects to be going home in mid-August(in time for her birthday, August 20). She enjoys texts or short calls to 515-271-6908. Cards can be sent to her at 2922 48th PL., DM, 50310.

Andrea Holveck is scheduled to have knee replacement surgery August 12. Please hold Andrea and Jack in the light for her time in the hospital and her recovery.

Congratulations to the **Gillespies**, who have found an acreage near Cedar Rapids that will soon be their new home. **Kelsea and Matthew, Ezra and Adeline**, we wish you the very best for a smooth transition and look forward to future visits!

Meeting Hosts:

SUSPENDED MEETING AT MEETING HOUSE DUE TO CORONA VIRUS

Child Care:

SUSPENDED AT MEETING HOUSE DUE TO CORONA VIRUS.

Building & Grounds:

Any question about the building or grounds of the Meeting-house can be directed to Building & Grounds Committee Convener, **Charlie Brown, 515-689-6470.**

Hospitality Committee:

If we are running low on kitchen or bathroom supplies or if you see a housekeeping problem that needs attention, please contact the Hospitality Committee Co-Conveners, **Cindy Winchell, 515/720-5516**

Meeting for Worship, 10 a.m.

Worship by Zoom via email invitation from clerks, in-person meetings temporarily suspended due to corona virus.

Meeting for Worship/Business,

11:30 a.m. second First Day each month - currently not being held due to corona virus.

Meeting for Music:

Third First Day of each month, 9:15 a.m. - currently not being held due to corona virus.

Second Hours: No second hours are currently scheduled.

Friendly Line:

Please send info for next Friendly Line to Ann Robinson and Sandie Nelson no later than August 28, 2020, the last Friday of the month. Send to: sandiebnelson4416@gmail.com anny@mediacombb.net

Find us online at:

www.desmoinesvalleyfriends.org

Check out our Facebook group for members/attenders. If you'd like to be added, email Jan Falb, at jfalb0326@yahoo.com